



Boldly Proclaiming the Living Word

## Note to Parents

### Junior Winter Camp

Dear Parent,

We are looking forward to a great weekend of activities, inspiration, music, and games designed to help each camper grow in his/her relationship with the Lord.

Please arrive between 4:00 - 6:00 p.m. on Friday and register your child at the Administration Office. Camp counselors and staff are not prepared to receive campers prior to 4:00 p.m.

There is a maximum of 14 campers in a cabin with 2 counselors. The counselors are screened and trained before Camp to do the best job they possibly can.

A qualified First Aid provider is on duty at all times to handle medical emergencies. Hartland can only administer medication with written parental permission. Any medication should be given to the First Aid provider in its original container, along with written instructions, upon arrival and check-in at Camp.

**NOTE:** *Please turn in any prescription medication with instructions noted on your child's MEDICAL & LIABILITY RELEASE form.*

**Please Note:** *Hartland is fairly isolated and there are no gasoline stations nearby.*

- If you are coming through Visalia, the last place to buy gas is Lemon Cove.
- If you are coming through Fresno, if needed, you should buy gas in Fresno.

The camp program ends after lunch on Sunday, approximately 1:00 p.m. You may arrive earlier, but please stay in the parking area and do not enter the Camp before 12:30 p.m. The Coffee Shop will be available for your convenience until campers have concluded their program. All campers should be picked up no later than 2:00 p.m.

### WHAT TO BRING

Clothing: Hartland Christian Camp is located at an elevation of about 4500 feet with temperatures varying greatly.

- Lots of warm clothes
- Good walking/hiking shoes and boots (warm and dry)
- Jacket/sweatshirt, etc.
- "Grubbies" (clothes that can get dirty, muddy, etc.)
- Plastic bags for wet and/or dirty clothes
- Towels
- Sleeping bag (in a large trash bag to keep it dry)
- Pillow
- Maybe an extra blanket
- Soap, shampoo, toothbrush, etc.
- Chapstick (it's dry here)
- Water bottle
- Bible
- Camera (not a smartphone or iPhone)

- Flashlight
- Spending money for the Snack Bar/Gift Shop, music CDs, quarters for ping pong and foosball machines.

Please put camper's name on everything! If you find that your child has lost something, call the Camp Office at (559) 337-2349. Found items are only held for two (2) weeks after camp.

### **WHAT NOT TO BRING**

- Electronic devices of any kind
- Alcohol
- Tobacco
- Drugs (unless prescribed by a doctor)
- Firearms
- Fireworks

### **DRESS CODE**

We have the unique opportunity to create a setting that fosters spiritual, relational, and personal growth. Your dress can help or hinder that goal so please be modest. While this list does not include every imaginable article of clothing or fashion trend, here are some guidelines to help you keep everyone's best interests in mind.

- Tops end where bottoms begin. Your midriff belongs behind one or the other.
- Underwear belongs UNDER your other clothes. Don't go showing it off.
- Sleepwear is for sleeping in. Please don't wear your jammies around camp.
- Yoga pants are for doing yoga in. Save the tight-fitting pants/shorts for the gym back home or cover them with a long shirt.
- And as ironic as it may sound, the longer the shorts the better. At least fingertip length please. That about "covers" it - please do likewise (pun intended).

### **MEDICAL**

It is our desire to provide a fun, yet safe, environment for each camper. In order to accomplish this, a Registered Nurse is on-site and available 24-hours-a-day to assist with medical emergencies, first-aid, and administration of medications. Please ensure that medical forms are filled out completely. All campers' medications must be in their original containers, labeled with name and clear instructions. Medications should then be placed in one labeled zip-lock bag per individual. These bags are to be turned in to the nurse upon check-in.

### **SPECIAL DIETARY NEEDS**

Hartland Christian Camp recognizes the needs associated with special diets as well as those presented by personal food choices. Our goal is to provide proper expectations and communication before and while you're at camp so that you can make informed choices concerning the foods you'll eat.

While we recognize the need for specialized foods for certain allergies/conditions we ask that campers with highly specialized diets provide those foods.

To request a menu or discuss your options, please contact our Food Service Department directly by phone at 559-337-2349 ext 108 or email [meredith@hartlandfood.com](mailto:meredith@hartlandfood.com).

We naturally offer a wide variety of options to all of our guests within our dining hall, which includes a salad and sandwich bar with soup at lunch and dinner, oats and cereal in the morning, and 2-3 fresh fruit options a all, meals.

*Thank you!*